

**Future Problem Solving Program International 2017-2018**  
**Disorders - Qualifying Problem**  
**Suggested Readings**

Donnelly, L. (2016, September 29). Young women 'highest mental health risk' as 'selfie' culture heaps pressure. *The Telegraph*. <http://www.telegraph.co.uk/news/2016/09/29/one-in-four-young-women-suffering-from-mental-health-problems-as/>

Emory, G. (2017, February 22). Self-guided cognitive behavioral therapy may help depression. *Reuters*. <http://www.reuters.com/article/us-health-depression-internet-cbt-idUSKBN16121O>

Goode, E. (2016, March 14). Centers to Treat Eating Disorders Are Growing, and Raising Concerns. *The New York Times*. <https://www.nytimes.com/2016/03/15/health/eating-disorders-anorexia-bulimia-treatment-centers.html>

Hoffman, J. (2015, October 4). Campuses Debate Rising Demands for 'Comfort Animals'. *The New York Times*. <https://www.nytimes.com/2015/10/05/us/four-legged-roommates-help-with-the-stresses-of-campus-life.html>

Kelland, K. (2016, May 17). Magic mushroom ingredient may ease severe depression, study suggests. *Reuters*. <http://www.reuters.com/article/us-health-depression-mushrooms-idUSKCN0Y816C>

Kelland, K. (2017, January 16). No new antidepressants in sight despite growing need, experts warn. *Reuters*. <http://www.reuters.com/article/us-health-antidepressants-idUSKBN14V2AQ>

McCrae, N. (2017, March 6). Social media is not to blame for depression in young people. *Independent*. <http://www.independent.co.uk/life-style/health-and-families/healthy-living/social-media-is-not-to-blame-for-depression-in-young-people-a7609206.html>

Nebehay, S. (2017, February 23). Depression top cause of disability, strikes young and old: WHO. *Reuters*. <http://www.reuters.com/article/us-health-depression-idUSKBN1621NL>

O'Donnell, J. and Terry DeMio (2017, January 9). Obamacare repeal jeopardizes mental health, addiction coverage. *USA Today*. <http://www.usatoday.com/story/news/politics/2017/01/08/obamacare-repeal-jeopardizes-mental-health-addiction-coverage/96199628/>

Park, A. (2017, February 16). Why ADHD Isn't Due to Bad Parenting. *Time*. <http://time.com/4671981/adhd-hyperactivity-disorder/>

Whiting, A. (2016, April 12). Better mental health treatment would boost nations' economies: WHO. *Reuters*. <http://www.reuters.com/article/us-health-economy-mental-idUSKCN0X92W1>

**Caution: We strongly advise coaches to screen all publications prior to making them accessible to students.**